

# Uniting together

Impact newsletter.  
Autumn 2026



## Finding herself again.

In 2023, Andrea faced severe depression. Although she had excellent clinical care, she needed extra support to apply the strategies she'd been given. Recovery Options (RO) filled that gap.

When leaving the house felt overwhelming, her Recovery Mentor joined her on those first walks, providing professional, in-person support. Her mentor was friendly, but they weren't a friend. They were health professionals helping tailoring strategies to support her, the client.

Before completing the program, she was strong enough to represent herself in court and win her case. "It wasn't about the money," she said. "I wanted to send a message, treating people in the workplace this way wasn't acceptable." Now, Andrea shared she is thriving, working again, and loving life.

The Recovery Options Program offers intensive (3-month) and longer (13-month) options that complement clinical care for mental health concerns or it can stand alone. Mentors provide in-home support, work from a strengths-based model, and walk alongside participants as they set new goals and recover from the impacts of mental health.

**"I had all these strategies, but I needed support putting them in place. Recovery Options walked beside me until I could walk on my own again."**

**Andrea**  
Recovery Options participant

**Do you want to know what we're up to?**

Follow us on socials at @unitingwa on Facebook, Instagram and LinkedIn or head to [unitingwa.org.au](https://unitingwa.org.au)



# Uniting

## Empowering lives at Tranby Engagement Hub.

From urgent medical care to the small comforts that restore dignity, your generosity is transforming the lives of people sleeping rough on the streets of Perth.

Here are just some of the ways your support has made a real and immediate difference over the last six months:

### Restoring dignity for a woman escaping family violence.

Your support enabled us to give a durable wheeled suitcase to a woman escaping family violence and new to homelessness, helping her move her belongings safely and restoring comfort and dignity during an incredibly difficult transition.

### Replacing essential belongings for a long-term rough sleeper.

After returning from the library to find his tent and sleeping bag removed, a long-term rough sleeper was left without basic shelter. You allowed us to replace these items immediately, offering the comfort and security he feared he had lost.

### Safe accommodation for a young woman in crisis.

A young woman with a disability had been living in her car for weeks over the holiday period. Your support helped us secure hotel accommodation and crisis care, giving her safety and rest when no other services were open. She told our team how grateful she was simply to lie down and take a shower, things she had been unable to do for weeks.

### Urgent medication assistance

When an unwell service user needed medication at short notice, we were able to step in quickly and ensure they received the treatment they needed without delay.

### A joyful Christmas breakfast.

Christmas morning can be especially hard for people experiencing homelessness. We served a hot, hearty breakfast, including rare treats like bacon and hash browns, that brought warmth, joy, and a sense of celebration to those who joined us.



## A Christmas to remember for children in care.

This Christmas, we had the joy of hosting a truly special party for children in our care who are not able to live with their families; one filled with laughter, colour, and festive magic. Thanks to the wonderful support of ToyBox Australia, the children enjoyed an ice-cream truck, face painting, and a balloon artist.

The celebration was made even more meaningful through the generosity of our supporters, who made it possible to provide personalised Christmas presents for each child. Seeing the excitement as gifts were unwrapped was so special.

Together, you helped create a day of connection, joy, and belonging; memories these children will treasure.

**Thank you for making Christmas brighter.**



A delicious choctop ice cream on a hot day.



Getting butterfly face paint.



Reindeer balloons were very popular.

## HBF Run for a Reason

We're proud to be a participating charity in HBF Run for a Reason on Sunday 24 May.

By running, walking or wheeling for Uniting WA you'll be helping support the most vulnerable in WA.

### How to take part:

1. Register for HBF Run for a Reason 2026
2. Choose your distance (CommBank 3km, Specsavers 12km, or Brooks Half Marathon)
3. Select Uniting WA as your charity



# Our impact.

## 2024/25

### Financial Wellbeing

- **\$4,231,136** in client debt was waived, easing financial stress for households under strain. (332% increase from 2023/24)
- **105 people** received 1:1 financial coaching.
- **3,019 people** accessed **\$873,615** in emergency financial relief, providing immediate assistance during crisis moments.

### Children and Young People

- **368 children and families** received emotional wellbeing, relationships and resilience support.
- **103 children and young people** supported in out-of-home care, ensuring they remained safe, stable and connected.

### Homelessness Support

#### Crisis accommodation

- **69 people** were provided with safe, temporary accommodation, giving them stability during a vulnerable period.
- **44 people** were supported to return safely to their home communities (300% increase from 2023/24)

#### Street engagement

- **1,393 rough sleepers** received on-the-ground support
- **150 people** connected to additional services to meet wider needs.

### Strengthening Families

- **133 parents** received in-home support to build safer, more stable family environments. (ATTACH and PUP programs)
- **165 families**, including **358 children**, received intensive support to improve safety and wellbeing. (Intensive Family Support Service)
- **43 First Nations** women accessed culturally informed family and domestic violence support. (Moordijt Yorga program)
- **4 mums and their bubs** given safe housing and support, providing stability during a critical time. (The Together Program)

### 97,849 presentations

at the Uniting WA  
**Tranby Engagement Hub**  
for crisis support  
and essential  
services.

**A 7% increase  
since 2023/24**

### Individualised Services

- **221 people** accessed **170,216 hours** of personalised disability support.
- **127 people** received mental health support. (76% increase from 2023/24)

### Transitional Housing Support

**42 people** assisted with longer-term housing and support, helping them build the stability and skills needed to move toward stable housing.