

Your housing news.

Autumn 2025



Hi everyone!

We hope you're enjoying the weather as it cools down after the summer heat.

It's been a busy few months in Housing as we've have been implementing a new IT system, which will help us work more efficiently and improve the services you receive. There have been a few challenges along the way, but we are on the home stretch now with the new system fully rolled out within the service.

In January, we successfully wrapped up the Digital Inclusion Project in partnership with WACOSS and Lotterywest. 29 tenants received free laptops and free internet for 12 months, along with one-to-one training facilitated by our Tenancy Support Workers, Davina and Catherine.

We'd like to say a big thank you to all the tenants who participated in the project.

Finally, a big thank you to all the tenants who attended the Tenant Advisory Forum in September. Your feedback has helped us plan new activities for later in the year, such as a gardening workshop in collaboration with Bunnings, and a trip to Caversham Wildlife Park.

We hope you enjoy reading the newsletter,

Uniting WA Housing Team

**"The little things?
The little moments?
They aren't little."**



Jon Kabat-Zinn



Mindfulness Corner



This issue's quote is a nice reminder to appreciate the little moments and things in life that give you joy, because when they make you happy, they aren't so little!

Workshops, BBQ's, and more!

Things have been jam-packed the last few months, let's see what everyone's been up to.

Christmas BBQ Fun

We held a Christmas party BBQ in December, it was a wonderful success with a great turnout! The day was filled with laughter, sunshine, and Christmas cheer. Thank you to NKD Plumbing for donating hampers, and congratulations to Josh, one of the lucky winners! A big thanks to all who came and made it such a special day.



Energy Ahead Workshop

The fantastic Energy Ahead duo Abbie and Sameal facilitated a workshop in July at the Herb Graham centre in Mirrabooka. It was a great chance to learn some tips on how to be energy efficient, find ways to save energy, and reduce costs.

Thank you, Abbie and Sameal!



Tenant Engagement and Tips

Looking for activities like arts and crafts groups, or sports? Check with your local library or community centre. To find meet up groups, visit www.meetup.com or befriend.org.au.

- Are you interested in Tenancy Star?

This is a tool used with your Tenancy Support Worker to help you plan and work towards achieving goals. If so, let your Tenancy Support Worker know and they will book in a time to meet with you

- Remember to adjust your retic according to your local council requirements.

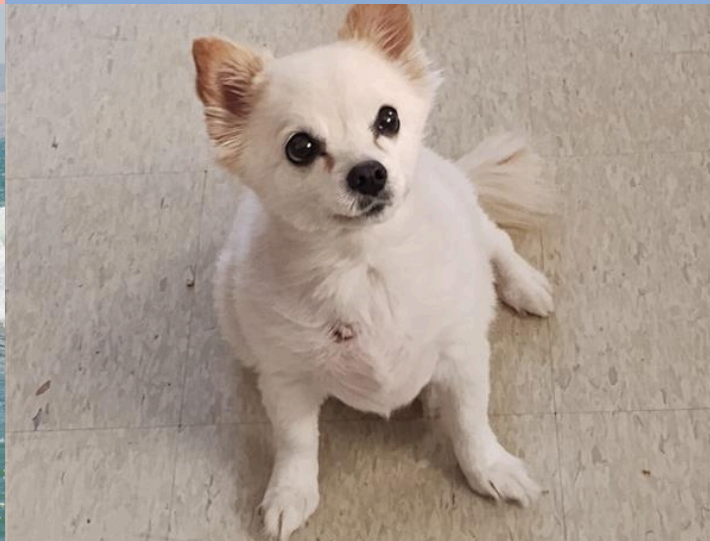
If you know of any groups you'd like to share with other tenants, please let Angus know on 9220 1215 or angus.blackley@unitingwa.org.au.

Tenant Talent: Ben



Ben has been surfing since he was 8 years old. He enjoys getting in the water and feels rejuvenated and fresh afterwards. Ben said it's a great way to improve and maintain his mental health and well-being, while staying healthy and active. Keep it up, Ben!

Fur Babies: Pippa



Meet Pippa, a Japanese Spitz cross Chihuahua and is 14 years old. She enjoys walks with her Mum and taking in her surroundings. Pippa's Mum says she is her support worker, her sidekick, and her shadow. What a cutie!

Cockroaches seek warm, dark places like cluttered cardboard or paper.

Cleaning your home is an important step in cockroach control. Cockroaches look for food, water, and shelter.

- Wash dishes immediately after meals
- Remove dishes from the sink or dishwasher
- Wipe your stove top, counters and appliances clean

- Immediately clean crumbs or spills
- Sweep and mop the floor regularly
- Put a tight lid on your garbage and take it out every night
- Keep food in sealed containers
- Don't leave pet food and water containers open
- Eat only in your kitchen or dining room - this will limit areas you'll need to deep clean.



Contact numbers if you're dealing with neighbour nuisance:

Police 1311 444 or 000/Crimestoppers: 1800 333 000

Contact environmental health at your local council for noise complaints

Disruptive Behaviour unit at Department of Communities: 1300 597 076

Tenant Forum

We held a tenant advisory forum in September at the Vincent Community Centre. It was an engaging, thought-provoking workshop topped off with a lovely lunch. The tenants received a goodie bag including a gift card as a thank you for their valuable contribution.

The topics discussed were:

- What challenges tenants have been experiencing over the past 12 months
- What engagement activities tenants would like to do
- What helps tenants maintain property standards.

Tenants Said

- They found the cost of living and their mental health challenging
- Specific activities they'd like the Housing team to organise in 2025
- They found it challenging maintaining property standards.

What We'll Do

- Organise a financial well-being workshop and meditation workshop
- We will organise a gardening workshop in collaboration with Bunnings and a trip to Caversham Wildlife Park.
- We'll create a cleaning schedule with cleaning tips and provide information on cleaning services in the next newsletter.



Types of Food

K	A	E	T	S	B	A	E	C	U	T	T	E	L
R	T	A	E	A	U	L	A	E	R	E	C	S	S
V	E	L	I	T	T	E	H	G	A	P	S	A	H
E	N	N	A	H	T	O	F	D	N	B	A	L	A
G	A	A	T	U	E	G	A	A	L	U	E	A	M
E	D	T	N	P	R	E	S	E	A	R	A	D	I
T	I	U	R	F	A	E	T	R	I	G	O	N	H
A	O	N	I	O	N	B	F	B	T	E	O	G	O
B	O	T	A	V	K	R	O	P	D	R	D	R	T
L	L	S	E	L	D	O	O	N	A	S	S	A	D
E	F	N	T	U	N	A	D	C	A	T	H	V	O
S	L	E	U	E	M	T	A	L	G	N	A	Y	G
R	O	L	L	S	P	M	R	V	G	A	M	M	S
R	A	D	I	S	H	T	V	D	I	N	N	E	R

- ONION
- PORK
- BURGERS
- FAST FOOD
- RADISH
- MACARONI
- LETTUCE
- VEGETABLES
- NOODLES
- BREAD
- CEREAL
- HAM
- FRUIT
- TUNA
- SALAD
- SPAGHETTI
- BUTTER
- ROLLS
- TV DINNER
- HOTDOGS
- STEAK
- GRAVY

Thanks for Reading!

Stay tuned for the next newsletter.

