

**Uniting WA**

Uniting Children's Counselling Service

# Supporting children and young people to heal and grow.

Person-centred counselling that facilitates healing, growth and the development of self-esteem, resilience and healthy relationships.

Uniting Children's Counselling Service supports children, young people and their families to manage and overcome the challenges and struggles they often face in their daily lives.

The service adopts a person-centred approach, which means that counselling and support is tailored to meet the unique needs of each client and their family.

Our team of counsellors have decades of collective experience supporting children and young people with complex support needs.

They can help with a range of issues including difficulty managing emotions, conflicts and boundaries, as well as trauma, grief and loss, family separation, family violence or relationship issues, and issues relating to school, bullying and friendship, or self-esteem and confidence.

Services are available to all children, young people and their families.

**Get in touch for a confidential conversation today.**

Call our dedicated team of experts on 0482 161 999, email [ccs@unitingwa.org.au](mailto:ccs@unitingwa.org.au) or search Uniting Children's Counselling Service.

Call us on  
**0482 161 999**

Or email  
**ccs@  
unitingwa.org.au**



[unitingwa.org.au](http://unitingwa.org.au)

# Uniting

## How we can help.

Our team of highly-skilled, experienced counsellors have qualifications in psychology, counselling and social work, and specialise in trauma-informed attachment interventions.

They're trained in a number of evidence-based therapies including:

- Play therapy
- Cognitive Behavioural therapy
- Acceptance Commitment therapy
- Solution focused therapy
- Emotion focused therapy
- Narrative therapy
- Relaxation therapy
- Creative therapies
- Mindfulness
- Psychoeducation.

All Uniting counsellors are members of the appropriate professional bodies.

## How to access support.

We have a range of appointment times available and parents are free to self-refer themselves and/or their child at any time. We will make contact to arrange an initial meeting with parents within one business day of receiving an enquiry.

Counselling services are provided from our Subiaco office between 9am and 5pm Monday to Friday.

Counselling can also be provided from other locations if required.

## Fees and charges.

Initial parent consultation sessions cost \$150 inc GST.

Subsequent 50-minute counselling sessions cost \$150 inc GST.

If for some reason you need to cancel or reschedule your appointment, please provide a minimum of 24 hours' notice by phone.

If less than 24 hours' notice is provided, a late cancellation fee of up to 50% may apply.

**Get in touch on 0482 161 999 or via email at [ccs@unitingwa.org.au](mailto:ccs@unitingwa.org.au).**

## About Uniting WA

Uniting WA is a community services organisation of the Uniting Church Western Australia. We're committed to providing a nurturing environment where children feel safe, valued and heard. We support people experiencing complex challenges throughout the Perth metro area and in the Great Southern.

If you need this information in a different format, please get in touch.

Children's Services — UCCS — February 2022

