# Walking group.

Time to dust off the winter blues and get some vitamin D and ocean air into your body.

Come join us for the walking group at Scarborough beach on the last Thursday of the month.

# Coffee group.

Come grab a coffee (free) with us at Ikea on the 2nd Thursday of the month.

It's a nice relaxed, friendly atmosphere and everyone is welcome.

Support workers are also welcome to both activities.

# Word search.



Spring

ZALKRSGUB ECH YIJBEPQNO Ρ S DX ORHLVMC ΕK R sυ JOAZRM AVNTSIEKHROL Q s DTEUPSWGX JE 01 B т F UΝ YGZRLKDHOV С ENR JDWPQISGXLMFPAU VМ CAIKDHBNU RT S E в TLXGORF BWOA DK P Е Q EPG LEBSUAMOCHICKSN ΒN RFYOJTHZMTD ΡG s GR NRTSNAIL QWU NPHEMBJSTCE s ĸwu NLTQERM E OND IBSECKFXTDVJRHPAGZ NEDRAGMWKULGSORCLE H Z M T U L I P V E B A D Y W F X J

#### BIRDS CALF GARDEN LAMB SNAIL BLOSSOM CATERPILLAR NATURE SPRING GRASS BUGS CHICKS HATCH NEST SPROUT FLOWERS RABBIT TULIP BUNNY INSECTS BUTTERFLY FROG LADYBUG ROBIN WORM

# Did you know you can report maintenance issues?

Don't forget you can report maintenance issues via the Uniting WA website.

If you'd like to report a maintenance issue, or provide feedback about something else, visit unitingwa.org.au/services/ housing/tenants-hub/reporta-problem/.

If you would like to discuss your problem with us, please speak to your Tenancy Support Worker or call 9220 1288.



# Your housing news.

Spring 2021

# ILP computer workshop.

Thanks to the tenants who came along to the computer workshops to learn new skills, facilitated by Perth Computer Coaching.

The workshops were a great success, with 3 sessions held in our new Tranby computer room. The group focused on computer basics like using the internet, sending emails, formatting documents, as well as a session on using apps on a smart phone. The tenants loved learning new skills and the sessions gave them lots of confidence.



# Handy tips.

- Take shorter showers they make up almost 25% of total household water use
- Wait until your dishwasher or washing machine is fully loaded before you turn it on
- Turn off the tap while you brush your teeth or shave
- Wash your vegetables and rinse dishes in a plugged sink or basin - not under a running tap.

# Looking for employment and need a little help?

If you live with a disability, mental health challenges, or are recovering from illness or injury, the pathways towards meaningful employment can be much harder to navigate. In these situations, a supportive and understanding approach is essential, which is exactly what Edge Employment Solutions provides.

For more information about Edge's services, call 1300 253 065 or visit edge.org.au.



Here's some easy ways to save water in your home:



### What's new.

#### Calling cards

You may have noticed your Tenancy Support Worker and contractors have been leaving calling cards at your home when you have not been there. This is out of courtesy to let you know someone has attended your home and may request you to make contact with them.

#### Housing team location

Due to a recent refurbishment to our Tranby Centre, the entrance of the building has changed. The Housing team are now located at 10/5 Aberdeen Street Perth WA 6000, which is the entrance closest to the train station.

#### Inspection process

As we move towards the end of 2021 the Uniting Housing team will be introducing the use of photographs at property inspections.

With your permission, your tenancy support worker will be taking photographs at one of your property inspections during the year (this will happen once in a 12-month period). This will help our team ensure we keep your property well maintained and that we identify any repairs/ faults that need to be addressed.



## Avoiding online scammers.

Here are some practical ways to protect yourself online and stay 1 step ahead of the scammers:

- Don't share your personal, banking or credit card information with people you don't know or trust, and never give them access to your computer
- Check your bank and credit card statements every month for suspicious activity
- Before you throw out personal documents, destroy them first by either shredding or ripping them up
- Beware of entering competitions online where you have to provide personal information
- Activate privacy settings on social media sites and be careful what you post online, as information can be easily stored and archived, even if you delete it
- Never share your PIN codes used for banking or your devices.

# Introducing Dianne Const.

Our Administration Officer, Jorden Wells, is on maternity leave. We're lucky to have Dianne Const filling in while Jorden is away. Many of you will be familiar with Di's voice, as she used to be a Uniting Administration Officer and has worked in the reception team in Uniting for 9 years.



# Tenant Advisory Forum results.

The Housing team held its second Tenant Advisory Forum at Loftus community centre on Wednesday 15 September 2021. It was a great turnout, with 17 tenants attending. The theme this year was Tenant Engagement. It was interactive and engaging with tenants splitting into 3 groups, working on different topics. Tenants said they really enjoyed it, with some tenants exchanging phone numbers to meet up socially.

#### You said

#### What activities interest you the most?

- 13% of responses indicated arts and crafts group
- 12% of responses indicated tenant **BBQ**/picnic
- 10% of responses indicated swimming.

#### What stops you attending activities?

- 20% of responses indicated anxiety on the day
- 11% indicated I don't feel confident catching public transport.

#### Did you feel supported during Covid?

- 43% of responses indicated Yes
- 30% of responses indicated No
- 27% of responses did not answer.





#### We will do

- Research existing arts and crafts groups in local areas and advertise in the Housing newsletter
- Organise an Easter picnic at a local park in 2022
- Set up a regular swimming group at a local pool.
- Encourage tenants to apply for NDIS as a support worker might help alleviate anxiety
- Explore capacity building opportunities for building confidence in the use of public transport.
- Should lockdown occur again, organise phone check in's, instead of inspections
- Fortnightly group SMS check in.

