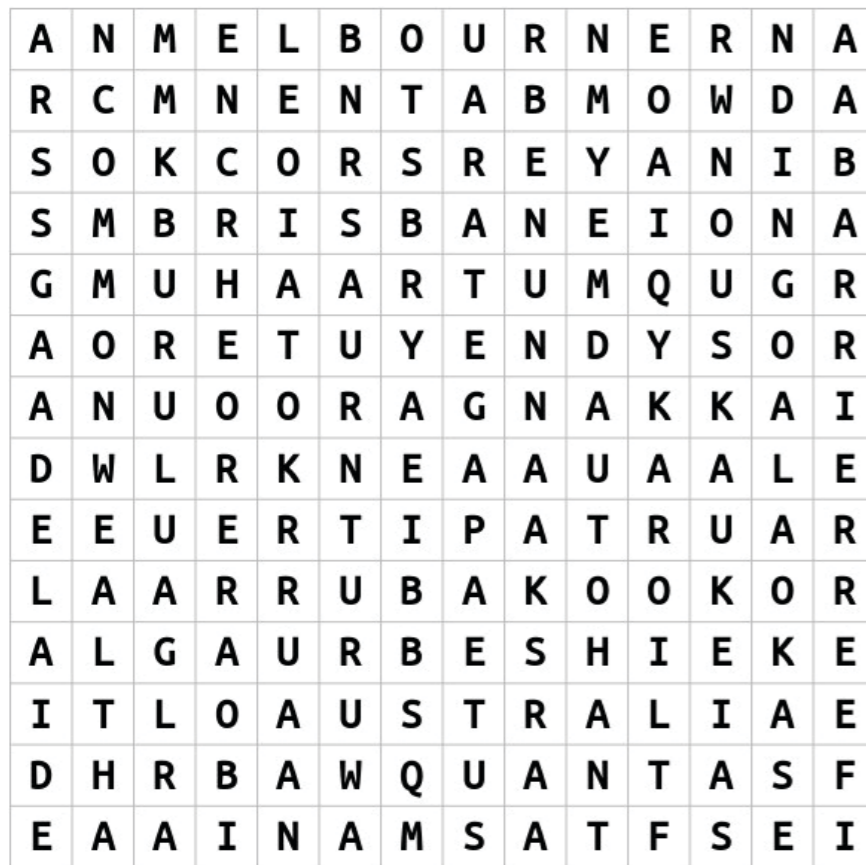


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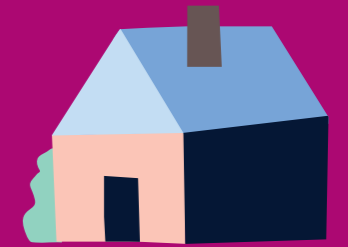


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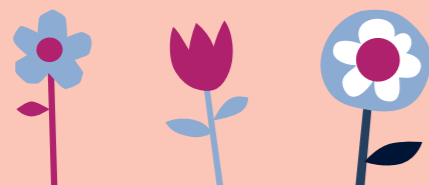
Chris Brambleby scoops state and national volunteering awards.

Congratulations to Chris Brambleby, who was recently announced as the 2021 WA Volunteer of the Year Award winner. Chris received the award from Fundraising Institute Australia for Excellence in Fundraising. Chris was then entered as a finalist for the national award – and he won! Chris has always been passionate about volunteer work and has been giving his time freely for more than 12 years. Chris said volunteering is great for his mental health as it gets him out of the house and gives him an opportunity to meet new people.

Handy tips — how to prevent mould and mildew.

Mould and mildew thrive in wet, humid environments, so it's important to keep your humidity levels down. Here's 3 ways to reduce humidity and prevent mould and mildew:

- Fresh air — open windows to increase ventilation in your home
- Keep wet areas like bathrooms as dry as possible by using bath mats and turning on your exhaust fan
- De-clutter — a cluttered house prevents air circulation
- Keep indoor plants.



Financial Wellbeing Workshop.

Thanks to those who came along to our recent Financial Wellbeing workshop. The workshop was a great success, with tenants discussing how they can better manage their finances and keep more money in their pockets with Uniting Financial Wellbeing Worker, Bharathi Pingali.

Bev Jones takes the scenic route.

Bev Jones, a tenant with the ILP for more than 25 years, completed not 1 but 2 60 kilometre walks of the Bibbulmun track last year. Well done Bev!

Bev's story:

Walking while immersed in nature is calming, almost meditative. It provides comfort and joy for the heart and nourishes the soul. There can be a sense of achievement in many small ways, or bigger ones depending on your desired goals. Walking can fill a hole, provide answers, clear the mind, fill the heart, provide space to cry or sing, put you in touch with your soul and the space to grieve and heal. The track itself is one path, but it can lead to many other ways to do things, alternative pathways may open up. Walking, no matter how long or short the path, can lead to a sense of well-being. I love walking because it has brought me to this place where I enjoy just being.

Photo: Brett and Sue Coulstock / Flickr



Welcome Angus Blackley.

Hello, my name is Angus and I'm very pleased to say that I am the newest Tenant Support Worker at Uniting WA.

I have studied community development and have previously worked in aged care. I'm very happy that I can bring the knowledge and experience I have learned to this new and exciting role at Uniting as a Tenant Support Worker.

I grew up in a small town called Tom Price, which is up north in the Pilbara. I moved to Perth 6 years ago to commence my studies at university.

Out of work I enjoy spending time with my partner and our dog, Freddie, and our new puppy, Lana. I also enjoy spending time with friends and my family when they travel down to Perth.

I look forward to meeting you all.



Winners of the 2020 ILP Tenant Survey draw.

This year, the Uniting Housing Service team offered an incentive for you to returning your ILP Tenant Surveys.

First prize winner was Sanduro, who received a \$150 gift card. David won the second prize and received a \$100 gift card.

Thank you to Sanduro, David and all tenants who returned their surveys and went into the prize draw.

Wellness Wednesday.

Tenant Support Workers are now available to catch up for a cuppa, chat or a stroll every Wednesday.

If this is something you're interested in, please let your Tenant Support Worker know.



COVID-19 update.

As you may be aware, the Australian government has commenced a phased rollout of the COVID-19 vaccine. Priority groups will receive the first doses.

To learn more about which priority groups you sit in and how the phased rollout plan will work, visit the Department of Health website at www.health.gov.au

Please note that the COVID vaccine is voluntary, and you can decide whether you want to be vaccinated or not.

If you have any questions about the COVID vaccine, please get in touch with your Tenant Support Worker.



What's new — tenant handbook.

Everyone will receive a copy of their new Uniting Tenant Handbook in the coming weeks, if you haven't already received one.

The new tenant handbook is designed to be easy to follow and understand.

Some of the questions it will answer:

- What to do if you lock yourself out?
- What to do if you're having problems with your neighbour?
- Why do you receive an annual rent review?